

ACA Intergroup Minutes August 2020

Welcome and round the room	
Service Prayer	Higher Power, we are your trusted servants seeking to support ACA and its primary purpose. Please remind us that the life of our program and our own recovery depends upon our willingness to put the unity of our intergroup first, above our own will.
Tradition	(8) Adult Children of Alcoholics should remain forever non-professional, but our service centres may employ special workers
Concept	(8) The Trustees of the World Service Organization act in this primary capacity: with respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs.
Attendees	
IG Sydney	Service Positions: John M. (Chairperson), Debbie K (Treasurer), Tiffany M (Secretary), Tiffany F (Admin/Website), George (Zoom Convenor), Lawrence (ACOA Sydney Global Rep. and Ready Set Go), ACOA Sydney Telephone (Simone), E News (Alison)
IGs Australia	
GSRs	Erskineville Tuesday Evening (Mary Joy), Erskineville Friday Evening (Janet), Willoughby (Debbie) Narraweena Tues (Maria), Ultimo Saturday Morning (Nic), Men's Group Wed (Bill), Newtown Steps Sun (George), New Hope Leichardt Thurs (George), Newtown Steps Sunday (George), Lunchtime Meditations (George), Maroochydore (Alison), Granville (John C., Secretary), Chatswood Tony A meeting (Marlene)
Observers	Kevin (Melbourne), Asma
Apologies	Oriana (Activities IG Sydney), Jules (Information IG Sydney), Leonard (Literature, IG Sydney), Sharon (Global Committee Rep)
Previous minutes	Moved: John M Seconded: Janet Approved unanimously

GSR Reports	
General	Chair acknowledged how much work has been undertaken during the last few months and the great achievements by everyone including major activities of Unity Day, Ready Set Go Workshop and the work of the GSRs.

GSR Reports

Naraweena: 2 Meetings are being held, face to face and zoom. Face to Face there were 10 attendees at one meeting and 15 at another. On zoom there were 10 attendees and at the second meeting there were technical issues getting people online. The meetings are going well. To address social distancing requirements, the group considered whether to have an additional location and that being in a park or at a coffee shop. It was identified that the current Public Liability Insurance doesn't cover parks and that other face to face meetings may have public liability issues attached to them. This is a matter that needs further investigation before advice can be given to groups (Note: see PLI discussion under new business in these minutes)

Chatswood: Face to face meetings taking place, maximum of 12 chairs can be set up and all set up and clean up is undertaken by the community venue. At one meeting, a 13th person showed up and they had to sit outside of the circle at the back of the room. People are happy to be back face to face and no zoom is happening but this needs to be clarified. The group's secretary has changed and information about zoom was not confirmed ahead of inter group meeting. It was also noted that the Willoughby Tony A meeting is online and the group is looking for an online meeting secretary.

Ultimo Saturday Morning: Due to the COVID-19 safety requirements and related technical issues at the Rainbow Room which would put a lot of additional responsibilities on the secretary, the group is going to continue to meet via zoom. The meeting is well attended with 30 – 50 attendees including international participants. The secretary has been doing most of the hosting but others are now stepping up into this work. Donations have not been so great, but they are trickling in.

Erskineville Friday Evening: The zoom meeting averages 38 participants. The face to face group needs a secretary however there has not been much interest in taking on this role.

Willoughby: Group is officially closed and the meeting needs to be removed from the website. Literature and other meeting materials need to be handed over and money deposited into the Inter Group bank account.

Granville: Face to face meeting has closed and needs to be removed from the meeting list. The zoom group is going quite healthy. A new meeting room link will be used and John will send updated meeting password.

Men's Group: 20 – 25 regular participants including overseas participants. All service positions are filled. A group conscience was held that discussed 7th tradition and welcoming newcomers.

Weekly Lunchtime Daily Meditation: 30-40 participants a day, 10 hosts who are co-hosting meetings. Group conscience is what led to the decision to do the speakers meetings on Sundays, first one is Sunday the 9th with Bob from the US, speaking on intimacy 12pm on zoom.

Newtown Sunday Steps Meeting: Zoom meeting with 40 participants, Sue G and George have been secretaries of this group and George will be resigning from this position

New Hope Thursday Evening: 40 people attending regularly, chair is rotating across 4 people, 7th tradition for this group and Newtown is the Inter Group account

Erskineville Tuesday Evening: Group Conscience decided that the group would continue on zoom and take up the offer from Inter Group to use the Inter Group zoom account

Lilyfield Meeting: This is now a zoom only meeting and keys to the venue were returned. The group's literature needs to be returned.

Maroochydore Sunday Evening Red Book Meeting: Maroochydore ACA Red Book Meeting Sun FCC 5pm – 6pm is going well. We have 4 core members and have been joined regularly by an experienced member from Sydney and 2 interstate Newcomers. In addition, most weeks we have an experienced member of ACA visit for the week. Our venue is too small to go back to face to face meetings just yet. Members are encouraged to contribute 7th Trad to Syd IG by direct deposit. 2 of our members attended the zoom Unity Day event. Both of them thought the event was excellent, well organised, flowed smoothly and were inspired by the Canadian guest speaker's story. 3 of our members Alison, Heather and Libby will be participating in the 29th & 30th August, Ready! Set! Go! Workshop. They are all looking forward to it.

ACTION ARISING: All literature from meetings that have closed to be sent to Leonard to hold

Executive Reports

Service Positions	Secretary Tiff. M Chair John H&I Bill Literature Leonard	Treasurer Debbie WSO Sharon Activities Oriana RSG Lawrence	Admin/Web Tiff. F Info Email Jules eNews Alison ZOOM George
Treasurer Debbie <i>As at 30 June 2020</i>	Intergroup Account \$7039.27 (As at 31 July 2020)	Literature Account \$10,758.84 (As at 31 July 2020)	Activities Account \$1174.93 (As at 31 July 2020)
Treasurer Debbie	Debbie stood down as treasurer. The meeting acknowledged Debbie's service and thanked her for the time she dedicated to this role. Debbie has prepared a new 2020-2021 Budget which will be handed over the new treasurer Motion: To fill the vacant treasurer role, the meeting agree to fill this vacancy and appoint Bill as Inter Group Sydney Treasurer Moved: George Seconded: Maria Motion Carried Unanimously		
H & I Bill	Bill identified that there has been no one who has come forward to fill the H&I vacancy. Role requires the person to set up meeting roster, including circulating speaker calendar invites and managing the roster. Action: Vacancy needs to be addressed at next Inter Group Meeting		
Literature Leonard	Literature sales are almost double what they have been. A lot of sales to Victoria and Queensland. Orders usually ship within a day or two. Another order from the WSO will be placed in the next month. Leonard will vacate this role in about 4 month's time, If there is anyone who thinks that they might like to take this on, please contact Leonard to discuss (Email: literature@acoasydney.com.au)		
WSO Sharon	<p>ACA WSO Annual Business Conference Proposals (Deadline: Oct 31)</p> <p>Each year the ACA WSO holds our Annual Business Conference (ABC) and ACA World Convention (AWC) in April. This coming year they will be held April 22-25, 2021 both virtually and in-person in Boca Raton, Florida.</p> <p>If your group has an idea that may benefit ACA Worldwide, you can submit it as a Proposal for potential inclusion on the agenda at the ABC. All Proposals will become part of a Ballot published in January.</p> <p>The specific process and timing are as follows: If your group feels it may have a Proposal to submit, your first step is to go to the Ballot Prep Committee (BPC) website page https://acawso.org/category/ballot-prep/ to find the following information:</p> <ol style="list-style-type: none"> 1. Proposal Guidelines (including whether it should go to a Committee or be a Proposal) 2. A schedule for "Crafting a Proposal" Workshops <p>When you're ready to submit your group's Proposal to be considered for the ABC agenda, do the following:</p> <ul style="list-style-type: none"> • Go to https://www.surveymonkey.com/r/2021ABCProposals and fill in the Proposal submission form according to the instructions. • Submit your Group's Proposal by October 31, 2020. <p>After you have completed these tasks, the following happens:</p> <ul style="list-style-type: none"> • Your Proposal is reviewed by the appropriate committee(s) and trusted servants and, if needed, the intent clarified with your group. • After a WSO analysis has been added, your Proposal is sent to volunteers for translation. • Your Proposal is added to the Ballot and sent to all registered groups by January 8, 2021. • Town Hall meetings will be held in January and February. Your group will be given the opportunity to present your Proposal. • Ballot voting will be from February 15 through March 31, 2021. • If your Proposal receives at least a 60% affirmative vote, it will be placed on the agenda for consideration at the 2021 ABC. <p>If you have any questions about this Proposal process, please send an email to bpc@adultchildren.org. Yours in Service, The Ballot Preparation Committee</p>		

<p>Activities Oriana</p>	<p>Unity Day Report tabled on behalf of Oriana:</p> <p>Congratulations Unity Day Sunday 19 July 2020 Live stream via zoom Expenses included the yearly subscription fees for Zoom registration which was purchased by Sydney Inter group for multiple use in the future.</p> <p>We had a team of 8 volunteers at the start however the team reduced to 5 meeting o. Zoom weekly for 10-12 weeks. The team was fortunate to have experienced members with conferences to guide the marketing and communications with the wider Sydney groups. This core group also managed and co-ordinated a smooth program on the day.</p> <p>The highest number of members who called in was 225 through out the course of the day.</p> <p>Total donations from the day was less than \$100 (don't know the exact figure).</p> <p>In my opinion, moving forward, a project management run sheet would be proposed and provided at the beginning to all volunteers wishing to engage and be of service. This would display the roles and expectations to be delivered with deadlines and help reduce the amount of time spent on the planning.</p> <p>Overall, Unity Day was a success taking it online for the first time and a positive lead into RSG workshops and beyond.</p> <p>Yours in loving service, Oriana Activities Chair</p>
<p>Ready Set Go Lawrence</p>	<p>Unity Day helped encourage people to attend the RSG workshops, 80 people registered after that event. The First RSG 2 day workshop was held 1st and 2nd of August. There were 40 participants, 10 hosts between US and Australian RSG Teams and 27 have shared feedback. The next workshop is on the 27th and 28th of August and is full (40 participants) and will be jointly facilitated by Australian and International Teams. Three more RSG workshops have been planned for September and October. Steps Study Groups will be established as follow up to these RSG Workshops.</p>
<p>ZOOM George</p>	<p>Due to the multiple demands on the current zoom account, the following motion was proposed: MOTION: Intergroup Sydney purchase a 2nd Pro Zoom account (\$209) to host rooms for meetings of groups who sit under the Inter Group Sydney umbrella Moved: George Seconded: Lawrence Accepted Unanimously</p>
<p>Admin/Web Tiff</p>	<p>Bill, Lisa, George, Lawrence and Tiffany worked hard to get the website over the line and transfer information to the new platform. The new domain name will get communicated to everyone in roughly month from now.</p> <ul style="list-style-type: none"> • Paypal set up (ACOA Sydney, trading as Adult Children Association - ABN 43817534363. Need member to be key contact on Paypal account) ACTION: Bill to be contact person for Paypal • Group/Meeting Contact Details: Email to Group Secretaries requesting they fill out the Meeting Contact Details Form (google form) so start new site with accurate, confirmed list. ACTION: Email will be sent out identifying group secretaries to provide updated meeting form • ACA Intergroups in Australia/NZ & domain name change adultchildren.org.au ACTION: John M to email Interstate Inter Group Chairs to invite other groups to use this new domain name and create subpages on the website and be involved in website content discussions ACTION: New domain name will be communicated when it is active • ACA Web Maintenance Team 3 vacant service positions ACTION: Kevin (meeting guest) volunteered to fill one of these positions and will connect with Tiffany F after meeting.
<p>Info Email Jules</p>	<p>No report</p>

<p>e-News Alison</p>	<p>Report tabled by Alison:</p> <p>August 2020, ACA Sydney Newsletter Report</p> <p>Hi, my name is Alison and I am an adult child & a precious child of my HP. I wrote, selected graphics and sent out my first edition of the ACA Sydney Newsletter last month. The July edition seems to have been received well. (I received 3 emailed compliments to that effect.) Thank you & please feel free to email me anytime with compliments, suggestions & feedback of any kind to:- newsletter@acoasydney.com.au</p> <p>This is the first time I have held this position. So, its all new to me! Tiff has been very patiently teaching me and I feel I'm now on the bike, but a bit shaky & still needing training wheels at this point. I need Tiffs help to properly place the graphics and I am yet to learn how to embed a link, but I'm looking forward to learning how to do that.</p> <p>The newsletter has been, up to this point, factual and informative regarding various past ACA events, future ACA events, Covid 19 Pandemic regulations & how to comply, a summary of important decisions and points of information from monthly Intergroup Meetings. I would like to introduce a more caring and sharing section.</p> <p>Send me your inspirational quotes; your own beautiful photos of nature or of your inner child's favourite toys or locations; a photo of an artwork adult you or little child you, has created, painted or drawn; short passages from inspirational literature (Fair Use Policy:- no more than 10% of an article or book) that has moved you in some way; AND, MOST IMPORTANT OF ALL short shares on YOUR OWN ACA EXPERIENCE, STRENGTH & HOPE. You can send me an audio file if you don't have time to write something & I'll type it up. On your phone RIGHT NOW, I bet you have ACA flavoured text messages you have written or received, this is another way to carry the message, to use your texts in the Newsletter please first remove any personal identification & if its someone else's words ask their permission. I can assure you anonymity from my end, unless you want to be identified by your 1st name or a pseudonym if you prefer.</p> <p>* Send me ACA tips, poems, acronyms (eg FEAR = False Evidence Appearing Real), slogans, sayings that have helped you, e.g. If you Spot It, You've Got It! And any jokes (tasteful/suitable for your inner child to hear please) or funny anecdotes?</p> <p>• For September's Issue I will publish a special section on your experience with the Ready! Set! Go! Workshop. Was it interesting? Were you fearful? What were the best 3 things you could name about it? What didn't you like? Were the small groups helpful? What was the most surprising? Would you recommend the workshop to others? Why? Why not? Are you an experienced member of ACA or a newcomer? In Service, Alison.</p>
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<h3 style="color: red;">Continued Business</h3>	
<p>Role Vacancies</p>	<ul style="list-style-type: none"> • H&I Vacancy to be brought to the next meeting • Literature Sales Role will be vacant in 4 months
<p>ACA Sydney Telephone Service</p>	<ul style="list-style-type: none"> • Simone provided an update and presented information on Optus Loop service (no handset, accessible by ports) which is a \$30 monthly charge and 24 month contract with a 1 month trial period. MOTION: Inter Group Sydney to trial Optus Loop service Moved: Lawrence Seconded: Bill Approved Unanimously ACTION: Simone to organise Optus Loop service trial (provided with ACOA Sydney ABN at meeting as needed for setting up account)

<h3 style="color: red;">New Business</h3>	
<p>Public Liability Insurance</p>	<ul style="list-style-type: none"> • Due to COVID-19 issues, more information is required about what PLI will cover and this needs to be shared with groups, especially those who want to return to face-to-face meetings. ACTION: Secretary to follow up with PLI broker in regards to what is covered in zoom and face-to-face meetings and report back to next inter group meeting

Ready Set Go Committee in Inter Group Executive	<ul style="list-style-type: none">A procedural matter was raised to address the Ready Set Go Workshop workload that has developed as a result of the interest and response in the Ready Set Go Workshops and this ongoing activity. MOTION: Ready Set Go become a standalone committee in Inter Group Sydney and that Lawrence be appointed chairperson Moved: George Seconded: John M Accepted Unanimously
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Next IG Sydney Meeting
Saturday 11am 12 September 2020 (via ZOOM)